Psychology Computer Lab
PsychSim

Name _____
Section _____
Date _____

Computer Therapist

This module demonstrates some principles of active listening and artificial intelligence by having the computer simulate a Rogerian person-centered therapist.

1. In what way does this module make use of person-centered concepts in psychotherapy? What rules does it seem to be following?

2. What use do you see for this type of module as a psychotherapeutic tool?

3. Assume that a program could be written that would accurately and empathetically respond to each of your statements. What advantages do you think computer-based therapy would have, as compared to traditional therapy?

4. What disadvantages do you see for computer-based therapy?